



	Calories	Fat	Carbohydrates	Protein
CHICKEN & CORNBREAD DRESSING	290	6	28	31
Low Carb	175	3	9	28
Extra Protein	355	7	29	44
Extra Protein + Low Carb	240	4	9	42
LOADED SWEET POTATO BOWL	407	11	43	34
Low Carb	NOT AVAILABLE			
Extra Protein	481	13	44	47
Extra Protein + Low Carb	481	13	44	47
STEAK MEDALLIONS W/ BALSAMIC BRUSSELS SPROUTS	322	10	28	30
Low Carb	228	8	12	27
Extra Protein	401	13	29	42
Extra Protein + Low Carb	276	8	12	39
TACO PASTA	472	20	45	28
Low Carb	379	19	28	24
Extra Protein	567	27	45	36
Extra Protein + Low Carb	483	27	28	32
TERIYAKI BEEF "FRIED" RICE	453	13	54	30
Low Carb	276	12	16	26
Extra Protein	532	16	55	42
Extra Protein + Low Carb	340	12	16	42
PUMPKIN CREAM FRENCH TOAST	575	31	49	25
Extra Protein	687	39	51	33
PHILLY CHEESE PIZZA	733	29	65	53