



	Calories	Fat	Carbohydrates	Protein
<b>JAMAICAN CHICKEN</b>	<b>416</b>	<b>4</b>	<b>65</b>	<b>30</b>
Low Carb	259	3	30	28
Extra Protein	473	5	65	42
Extra Protein + Low Carb	324	4	30	42
<b>BRISKET MAC &amp; CHEESE 2.0</b>	<b>563</b>	<b>23</b>	<b>60</b>	<b>29</b>
Low Carb	357	21	20	22
Extra Protein	687	31	63	39
Extra Protein + Low Carb	490	30	22	33
<b>CHICKEN TOSTADA BOWL</b>	<b>325</b>	<b>9</b>	<b>28</b>	<b>33</b>
Low Carb	275	7	21	32
Extra Protein	403	11	30	46
Extra Protein + Low Carb	349	9	22	45
<b>HONEY SESAME CHICKEN</b>	<b>575</b>	<b>19</b>	<b>60</b>	<b>41</b>
Low Carb	390	10	25	50
Extra Protein	684	24	66	51
Extra Protein + Low Carb	464	12	26	63
<b>LASAGNA RUSTICA</b>	<b>381</b>	<b>13</b>	<b>35</b>	<b>31</b>
Low Carb	NOT AVAILABLE			
Extra Protein	448	16	36	40
Extra Protein + Low Carb	448	16	36	40
<b>VEGETABLE EGG BITES WITH CHOCOLATE CHIP WAFFLE</b>	<b>538</b>	<b>26</b>	<b>58</b>	<b>18</b>
Extra Protein	607	35	51	22
<b>BBQ BRISKET PIZZA</b>	<b>852</b>	<b>36</b>	<b>85</b>	<b>47</b>