



	Calories	Fat	Carbohydrates	Protein
MARIACHI CHICKEN	350	6	47	27
Low Carb	201	5	14	25
Extra Protein	403	7	48	37
Extra Protein + Low Carb	254	6	15	35
STEAK POUTINE BOWL	443	23	23	36
Low Carb	443	23	23	36
Extra Protein	509	25	24	47
Extra Protein + Low Carb	509	25	24	47
THAI BASIL BEEF	354	6	45	30
Low Carb	181	5	8	26
Extra Protein	402	6	46	41
Extra Protein + Low Carb	238	6	9	37
BBQ MEATLOAF	297	13	25	20
Low Carb	297	13	25	20
Extra Protein	379	19	26	26
Extra Protein + Low Carb	379	19	26	26
PIZZA PASTA	340	10	42	18
Low Carb	201	9	6	24
Extra Protein	430	10	42	43
Extra Protein + Low Carb	282	10	7	41
OMELETTE WITH JALAPENO CHEESE GRITS	334	14	27	25
Extra Protein	440	20	29	36
SAUSAGE PIZZA	563	19	69	29